



Personal diet planning assistant SmartDiet



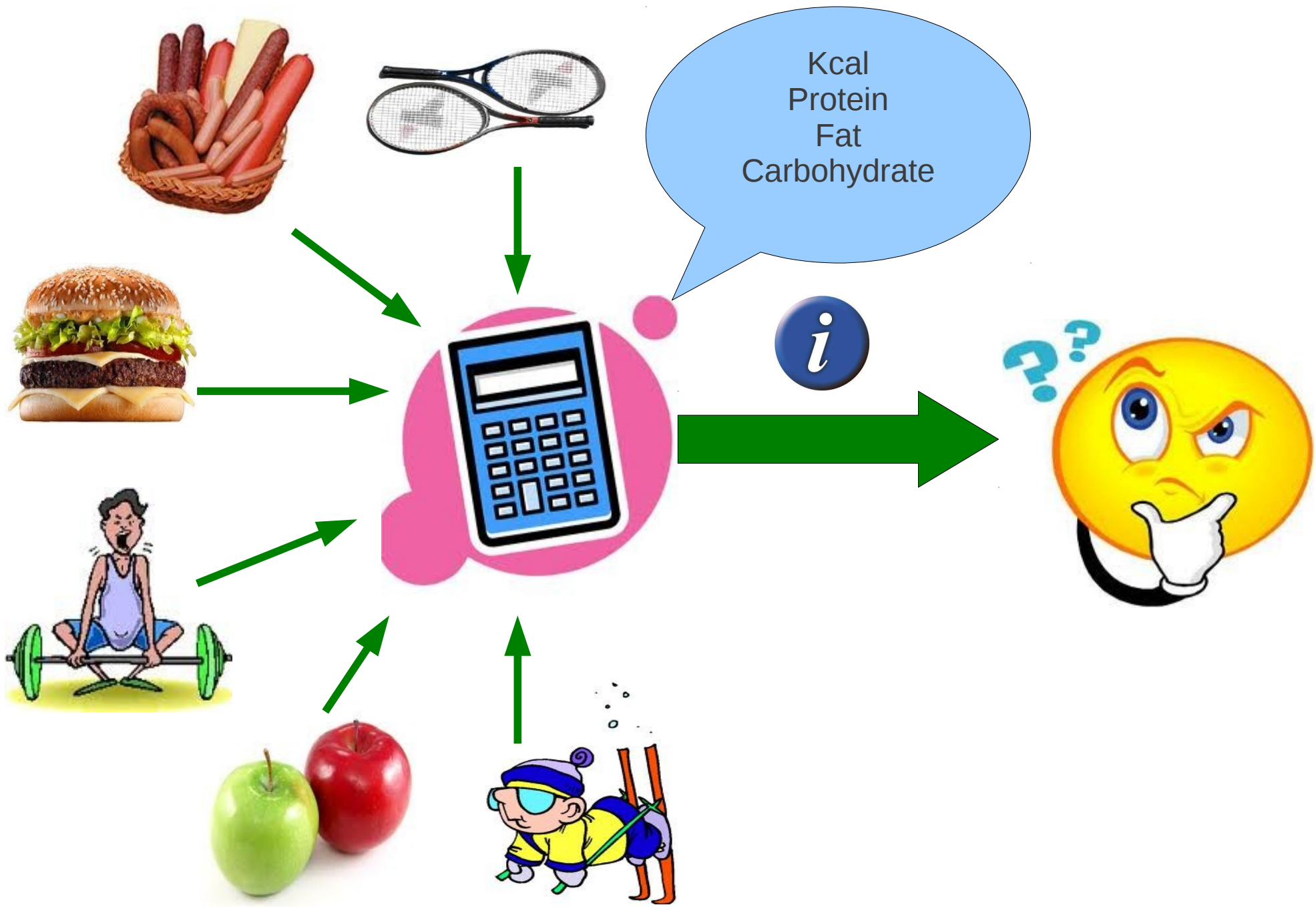
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Helping You Everyday!



Our the first prototype is mobile application





You can always add information about product nutrition or activity if this information is absent in database

Calorie calculator 12:37 AM

Product:

Fat:

Carbohydrate:

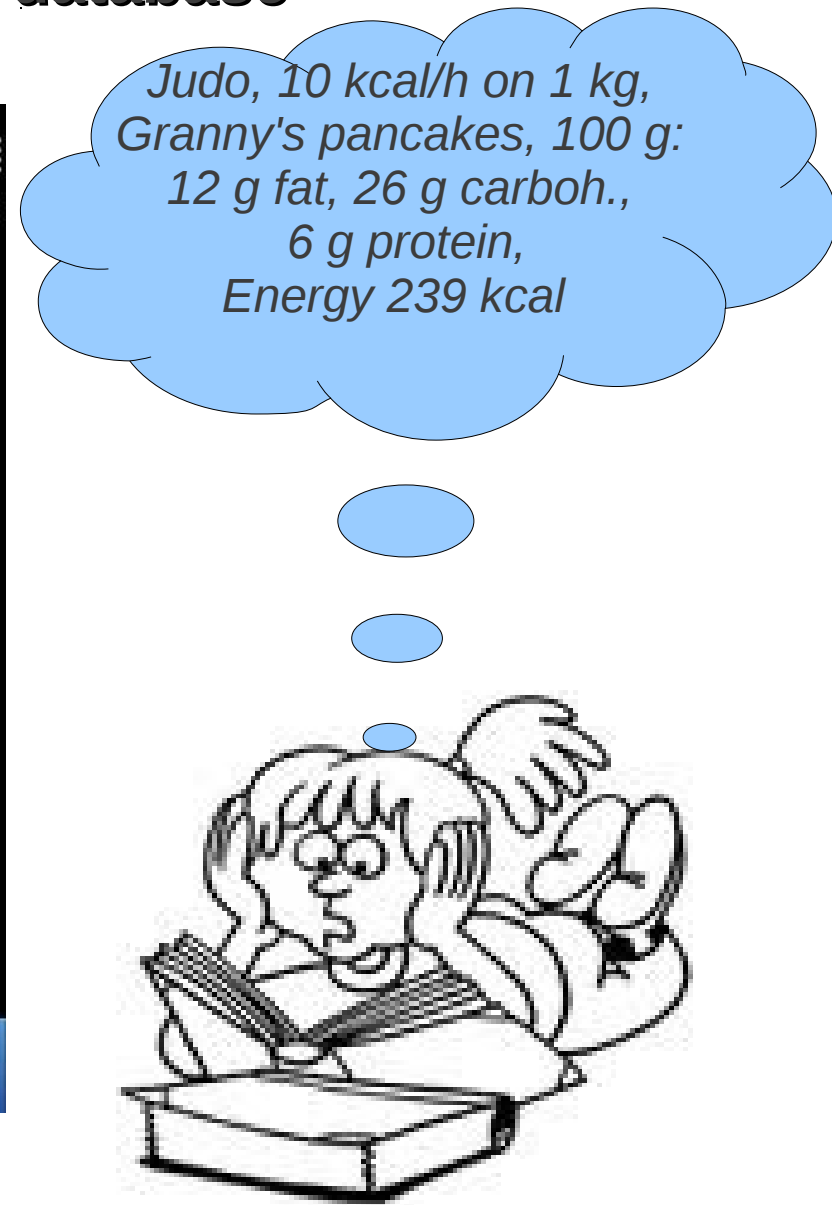
Protein:

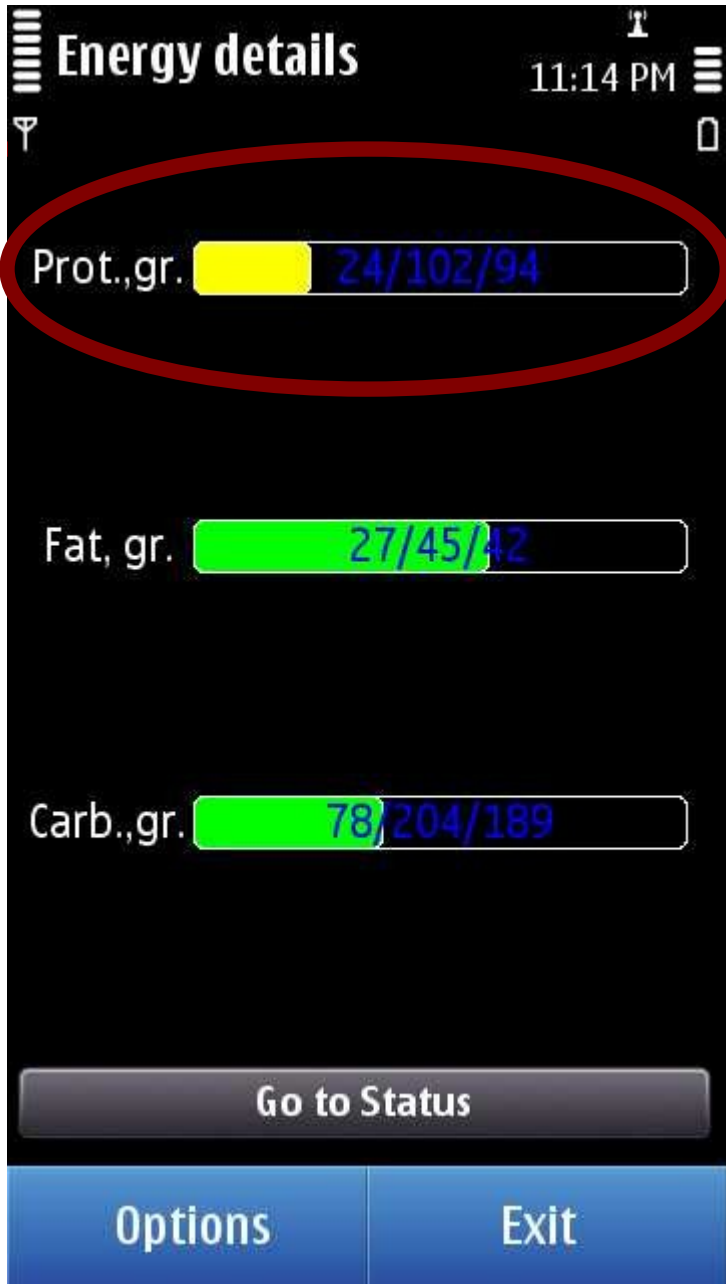
Energy:

Activity calculator 11:48 PM

Action:

Spend energy, kcal/h:





SmartDiet will help you to make right decisions



Get information about your weight!



Personal data 12:39 AM

Weight, kg: 80

Height, cm: 160

Age, year: 45

Gender: female

Activity: no/little exercise

Save data

Go to Status

Options Exit

Calculate BMI 12:39 AM

80 kg BMI: 31.2

Under Normal Over

47.1 63.7

BMI: Obese Class I

Go to Status

Options Exit



Set your targets and achieve them!



Add information about your activities and diet



8 hours



Keep everything under your control!

Count of kcal
you consumed



Count of kcal
you burnt

You can set a reminder which will gently encourage you to eat, take medication etc.



Food reminder 7:14 PM

Subject:
Eat

Start Date:
28/03/2012 1:30:59 PM

Alarm:
0 minutes before

Done

Go to Status

Options Exit

Food reminder 12:54 PM

12/03/28 11:14 - Lunch
12/03/28 13:30 - Eat
12/03/28 21:30 - To drink milk

New Delete

Go to Status

Options Exit