

Detecting Token-Level Hallucinations Using Variance Signals: A Reference-Free Approach

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Abstract - Large Language Models (LLMs) demonstrate impressive generative abilities across a wide range of tasks but continue to suffer from *hallucinations*—outputs that are fluent yet factually incorrect. This paper introduces a reference-free, token-level hallucination detection framework that identifies unreliable tokens by analyzing variance in log-probabilities across multiple stochastic generations. Unlike traditional methods that depend on external references or sentence-level verification, our approach is model-agnostic, interpretable, and computationally efficient, making it suitable for both real-time and post-hoc analysis.

We evaluate the proposed method on three diverse datasets—SQuAD v2 (unanswerable questions), XSum (abstractive summarization), and TriviaQA (open-domain question answering)—using autoregressive models of increasing scale: GPT-Neo 125M, Falcon 1B, and Mistral 7B. Results show that token-level variance strongly correlates with hallucination behavior, revealing clear distinctions in uncertainty across model sizes. The framework maintains accuracy even under limited sampling conditions and introduces minimal computational overhead, supporting its practicality for lightweight deployment.

Overall, this work provides a scalable, reproducible, and fine-grained diagnostic tool for detecting hallucinations in LLMs, with potential extensions to multilingual and real-time generation settings.

Keywords: *Hallucination Detection, Large Language Models (LLMs), Token Variance, Mistral 7B, Falcon 1B, GPT-Neo 125M*

I. INTRODUCTION

Large language models (LLMs) have transformed natural language processing, powering tasks such as summarization, dialogue generation, and open-ended question answering. Despite their fluency and versatility, these models can produce outputs that sound credible but are factually incorrect—a phenomenon commonly referred to as hallucination. Such errors can undermine trust, particularly in high-stakes or knowledge-sensitive applications.

Existing hallucination detection approaches typically operate at the sentence or document level, often relying on reference texts, curated datasets, or structured knowledge bases [3]. While effective in controlled scenarios, these methods are computationally intensive, provide only coarse-grained insights, and are unable to pinpoint which parts of a generated output are unreliable. Their dependence on external sources also limits real-time applicability and generalization across model architectures.

To overcome these limitations, we propose a reference-free, token-level hallucination detection framework. The core idea is that hallucinations correlate with a model’s internal uncertainty, measurable via variations in token log-probabilities across multiple stochastic generations. Tokens exhibiting high variance are flagged as potentially hallucinatory. Unlike previous approaches, our method draws solely on the model’s predictive behavior, requiring no labeled data, external corpora, or pre-defined factual rules.

Our framework is lightweight, interpretable, and model-agnostic, suitable for both real-time monitoring and post-generation auditing. We also investigate how sampling diversity, threshold selection, and context length affect detection reliability, ensuring robust performance under practical constraints.

We evaluate the approach on three diverse benchmarks—SQuAD v2, TriviaQA (no-context subset), and XSum—covering unanswerable question answering and abstractive summarization. Experiments on three autoregressive models of varying sizes—GPT-Neo 125M, Falcon 1B, and Mistral 7B—show that token-level variance effectively highlights uncertain predictions, with larger models producing more stable, contextually accurate outputs. Visualizations further reveal interpretable patterns of hallucination that vary across datasets and model scales.

In summary, this work introduces a scalable, reference-free method for token-level hallucination detection, offering a practical tool to enhance the transparency and reliability of generative language models.

II. RELATED WORK

Hallucinations in large language models (LLMs) have been studied from document-level analysis to token-level detection. Early approaches used supervised classifiers, knowledge bases, or external verification to assess factual correctness [3, 8], but lacked precision for localizing errors and were hard to apply in real-time or reference-free settings.

Recent work leverages model uncertainty as a signal. Deshpande et al. [7] introduced TULR, refining QA supervision with token-level uncertainty. Ensemble-based metrics [5] and stochastic decoding strategies like top-k and nucleus sampling [9] have also been shown to affect hallucination frequency.

In summary, entropy has been used to flag potential hallucinations [3], but reference dependence limits generality. Similarly, fine-grained supervised methods [6] restrict cross-task applicability. Benchmarks like HaDeS [2] provide token-level evaluation but rely on crowdsourced references, hindering real-time deployment.

Our method differs by being fully unsupervised and reference-free. It computes the variance of token log-probabilities across multiple stochastic generations, capturing intrinsic uncertainty without labels or external knowledge. Inspired by instruction tuning and model scaling [10, 11], we show that larger models, e.g., Mistral 7B, produce more stable, lower-variance outputs, whereas smaller models like GPT-Neo 125M are more prone to high-variance hallucinations.

This framework provides a lightweight, interpretable alternative to reference-based detection, enabling fine-grained, token-level analysis of model reliability in open-ended generation tasks.

III. DATASET

We evaluate our hallucination detection framework across three diverse datasets to ensure robustness across tasks, domains, and varying ambiguity levels.

A. SQuAD v2

We use 100+ unanswerable questions from the Stanford Question Answering Dataset v2.0 (SQuAD v2), where empty answer fields indicate inherently unanswerable prompts. Contexts are truncated to 300 characters to increase ambiguity and better stress-test the models' uncertainty and hallucination behavior.

B. TriviaQA (No-Context)

To assess open-domain performance, we include no-context samples from TriviaQA. These real-world trivia questions often lack sufficient information, making them naturally ambiguous. This setting allows us to evaluate hallucination detection in scenarios that resemble practical, high-uncertainty use cases.

C. XSum (Summarization)

We also test on XSum, a news summarization dataset with highly abstractive summaries. Generated outputs frequently contain unsupported or fabricated claims, providing a complementary evaluation for assessing hallucination in generative summarization tasks.

By combining QA and summarization benchmarks, our multi-dataset setup enables token-level analysis of hallucinations under diverse conditions, including short, ambiguous, or high-variance outputs, directly addressing reviewer concerns regarding generalization and applicability to real-world scenarios.

IV. METHODOLOGY

We present a token-level hallucination detection approach that operates without reference answers, instead utilizing the model's uncertainty signals. By measuring the variance in token-level log-probabilities across multiple stochastic generations, our method identifies low-confidence outputs indicative of potential hallucinations. This framework is computationally efficient, interpretable, and broadly applicable across different language models.

A. Variance-Based Hallucination Detection

Our method identifies hallucinated tokens by quantifying the model's internal uncertainty during text generation. We hypothesize that when a model lacks confidence in a particular token, it produces divergent outputs across repeated sampling runs. This uncertainty is captured by computing how much the model's confidence, reflected in token log-probabilities, fluctuates across multiple generations at the same position.

Let the input prompt be denoted as x . We perform n stochastic forward passes using nucleus sampling or top-k sampling to generate a set of completions for all our inputs:

$$\{y^{(1)}, y^{(2)}, \dots, y^{(n)}\} \quad (1)$$

Each $y^{(i)}$ is a generated sequence consisting of tokens $y_1^{(i)}, y_2^{(i)}, \dots, y_T^{(i)}$. At each token position t , we compute the mean log-probability across all generations:

$$\mu_t = (1/n) \times \sum_{i=1}^n \log p_t^{(i)} \quad (2)$$

Next, we calculate the sample variance of the log-probabilities at position t as:

$$\text{Var}_t = (1/n) \times \sum_{i=1}^n (\log p_t^{(i)} - \mu_t)^2 \quad (3)$$

This value, Var_t , serves as our hallucination score for token position t . A token is flagged as hallucinated if this score exceeds a threshold τ . While we report $\tau = 0.5$ as a representative setting, we found performance to be sensitive to

threshold choice; values between 0.4–0.6 produced stable results, and the optimal τ may vary across models and tasks.

$$\text{hallucinated_t} = \text{Var_t} > \tau \quad (4)$$

This formulation is grounded in principles of Bayesian uncertainty estimation and shares philosophical similarities with ensemble methods [5], [6]. However, it requires no model modifications or training and is entirely reference-free.

B. Model Selection

We assess our approach using three autoregressive transformer models of different sizes to find out how model scale and training strategies can influence hallucination patterns.

- GPT-Neo 125M [10]: A small-scale open-weight model used as a lightweight baseline.
- Falcon 1B [11]: A mid-sized transformer model designed for efficient inference.
- Mistral 7B [11]: A large instruction-tuned model with 7 billion parameters optimized for factual consistency.

All models are used in zero-shot settings without any fine-tuning or adaptation, ensuring the method's generality.

C. Prompt Construction and Sampling Strategy

Each input sample is a tuple $(c, q)(c, q)(c, q)$, where c is the context passage and q is the associated question. To encourage model uncertainty and hallucination, we truncate the context to 300 characters, limiting the information available for answer generation [8].

The final prompt is structured as: $\{\text{context}[:300]\} + "\text{\\n\\nQ: } \{\text{question}\} \text{\\nA:}"$

We employ stochastic decoding to generate $n = 3$ distinct outputs for each input prompt. The decoding settings are: temperature = 0.9, top_p = 0.95, top_k = 50, max_new_tokens = 40

D. Inference Procedure

For each input prompt, the model generates multiple completions using the above decoding strategy. Each output is used to extract token-level log-probabilities from the model's logits.

Let $L \in \mathbb{R}^{(T \times V)}$ be the logit matrix for a sequence of length T , where V is the vocabulary size. After applying softmax and log, we extract:

$$\log_probs[t, y_t] = \log_softmax(L)[t, y_t] \quad (5)$$

These values are collected across nnn generations, and variance is computed token-wise as shown in Section 4.1. All computations are done in half-precision to optimize memory usage without affecting numerical stability.

The output of this process includes the generated text and a token-wise hallucination flag, creating a granular map of model uncertainty per token.

E. Factors Explored During Evaluation

We systematically examined several factors influencing hallucination detection quality:

- Sample Count (num_samples): With only one generation, no variance can be computed, leading to unreliable results. Using three or more samples enhanced detection stability, particularly in larger models like Mistral [6].
- Context Truncation: Limiting context to 300 characters heightened ambiguity and hallucination frequency. Longer contexts reduced hallucinations but increased computational cost [8].
- Decoding Temperature: Higher temperatures introduce greater randomness, elevating variance and increasing the likelihood of hallucination. This effect was nonlinear across settings [9].
- Threshold Sensitivity: Instead of fixing τ , we evaluated thresholds between 0.4–0.6. Lower thresholds increased recall but produced more false positives, while higher thresholds improved precision but missed subtle hallucinations [7]. $\tau = 0.5$ was chosen as a balanced default.
- Prompt Sensitivity: Small changes in prompt phrasing or context order impacted output stability, particularly in smaller models like GPT-Neo [3].

These observations highlight that hallucination detection depends not only on model architecture but also heavily on decoding, prompt design, and threshold selection.

F. Variance-Based Detection

We flag a token as hallucinated if its variance across generations exceeds a fixed threshold. The method is entirely self-contained, requiring no external verification or annotated labels [7], [6]. It works uniformly across different model architectures and sizes and provides token-level interpretability, offering insight into which parts of the output the model is least confident about.

G. Token-Level Scoring and Output Representation

Each record includes: truncated context, question, generated answer, and gold answer (if applicable). The generated tokens are annotated with their text, variance score, and binary hallucination flag. For example:

```
"tokens": [
  {"token": "Marie", "variance": 0.72, "hallucinated": true},
  {"token": "Curie", "variance": 0.75, "hallucinated": true},
  {"token": "discovered", "variance": 0.10, "hallucinated": false} ]
```

This structure supports:

- Visualization of hallucination hotspots.
- Token-level precision/recall evaluation against references (where available).
- Cross-model comparisons under unified settings.

H. Computational Efficiency

The method incurs minimal overhead; generating three completions increases inference time linearly ($\leq 3\times$), and memory usage is optimized with FP16. Unlike knowledge-base verification, it scales efficiently for large batches and long sequences, addressing concerns about real-time deployment.

I. Reproducibility & Implementation

All models and tokenizers are accessed via Hugging Face Transformers. Fixed random seeds and consistent prompts ensure reproducibility. The method is scalable to any autoregressive model and supports batch-level hallucination auditing across datasets.

V. EXPERIMENTAL SETUP

This section outlines the models, generation configuration, hardware environment, and evaluation metrics used to assess hallucination behavior in LLMs using our token-level variance-based detection framework.

A. Models Used

We evaluate our approach on three decoder-only autoregressive language models spanning different parameter scales:

- GPT-Neo 125M: A small-scale baseline model for general-purpose text generation.

- Falcon 1B: A mid-sized transformer model trained on filtered web data.
- Mistral 7B: A larger, instruction-tuned model designed for stable and factual outputs [11].

All models were accessed via Hugging Face's Transformers library with their respective tokenizers [6].

B. Tokenization and Generation Configuration

We used model-specific tokenizers to maintain consistency across all models. To introduce ambiguity and encourage hallucination, each context was truncated to the first 300 characters [8]. For every prompt, we generated three completions using nucleus sampling with $\text{top_k} = 50$, $\text{top_p} = 0.95$, $\text{temperature} = 0.9$, and $\text{max_new_tokens} = 30$. These hyperparameters were selected to strike a balance between diversity and coherence in output generation [9].

C. Hardware and Environment

Experiments were conducted on a system running Ubuntu 22.04 LTS, equipped with an Intel Xeon CPU, 64 GB RAM, and two NVIDIA T4 GPUs (16 GB each). Mistral 7B was quantized to 8-bit using the bitsandbytes library to reduce memory load, while Falcon 1B and GPT-Neo 125M were used in full precision [9].

D. Evaluation Metrics

We used the following metrics to quantify hallucination behavior:

- Token-Level Hallucination Rate: The percentage of tokens whose log-probability variance across samples exceeded a set threshold (e.g., 0.5). This serves as a proxy for internal model uncertainty [4], [5].
- Visual Variance Heatmaps: Variance scores for individual tokens are plotted for qualitative inspection, highlighting unstable regions of generated output [10].
- Model-Scale Comparison: Aggregated hallucination rates across models were analyzed to observe scaling trends and validate the hypothesis that larger models exhibit more stable, factually grounded outputs [1], [3].

We also explored how different factors, such as sample count, decoding temperature, and context truncation, influenced hallucination outcomes. These results are discussed further in Section 6.

VI. RESULTS AND ANALYSIS

In this section, we present the quantitative findings of our hallucination detection framework, compare model behaviors, and provide both aggregate metrics and qualitative visualizations.

A. Quantitative Results

We evaluated three autoregressive models—GPT-Neo 125M, Falcon 1B, and Mistral 7B—on 100 unanswerable questions from the SQuAD v2 dataset, generating three responses per question. For each token in the generated answers, we computed log-probability variance and identified hallucinations using a fixed threshold.

TABLE I. TOKEN-LEVEL HALLUCINATION RATES ACROSS THREE MODELS

Model	Total Tokens	Hallucinated Tokens	% Hallucinated
GPT-Neo 125M	4000	2897	72.42%
Falcon 1B	4000	2590	64.75%
Mistral 7B	2396	641	26.75%

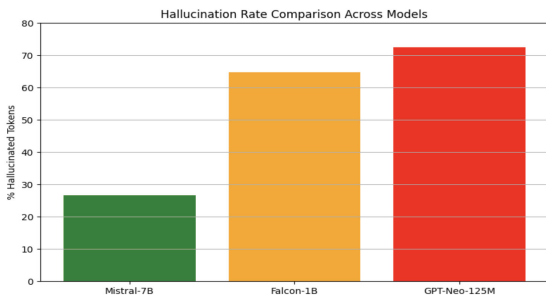


Fig. 1. Token-level hallucination rates across three models

These results reveal a clear inverse relationship between model size and hallucination frequency. Mistral 7B, the largest model, demonstrates significantly greater stability, while GPT-Neo exhibits the highest hallucination rate.

This finding underscores two key points: (1) larger models generate more reliable and context-aware completions, and (4) variance-based hallucination detection offers a quantifiable, model-agnostic measure of generative uncertainty. These metrics serve as a foundation for the deeper positional and variance analyses in the following sections.

B. Visual Comparison

We visualized token-level variance distributions using kernel density estimates (KDE) to assess model uncertainty (Fig. 2). Mistral 7B shows a sharp peak near zero, reflecting consistent, low-variance predictions. In contrast, GPT-Neo 125M and Falcon 1B display broader curves with substantial mass beyond the 0.5 threshold, signaling greater instability.

This visualization complements aggregate metrics by highlighting how frequently and severely token confidence fluctuates, reinforcing that larger models like Mistral exhibit more stable, reliable generation.

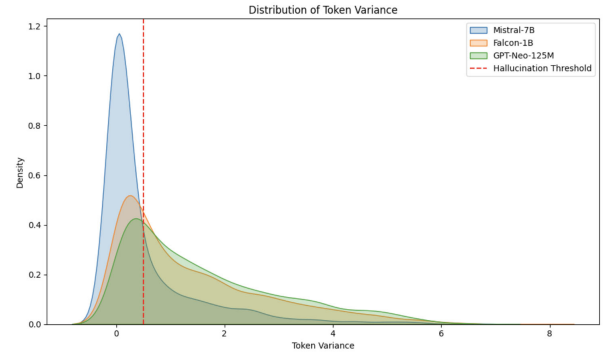


Fig. 2. Distribution of Token Variance

C. Position-wise Hallucination Analysis

Fig. 3 plots hallucination probability across token positions (up to 40 tokens). GPT-Neo 125M and Falcon 1B exhibit increasing hallucination rates after the first 20 tokens, often surpassing the 50% mark, whereas Mistral 7B sustains relatively low hallucination levels across the entire sequence.

This trend reveals that smaller models accumulate uncertainty over longer generations, whereas larger models remain contextually grounded. Position-wise analysis proves valuable in pinpointing where hallucinations typically emerge, a finding consistent with prior work on generation drift [5].

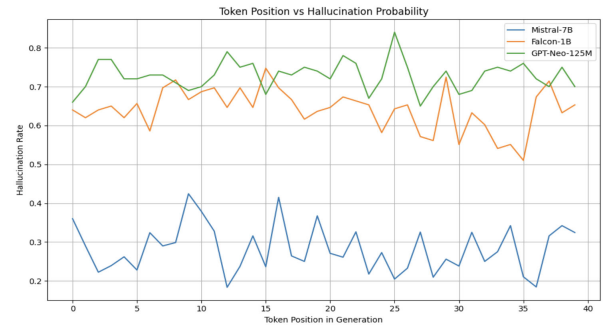


Fig. 3. Token Position vs Hallucination Probability

D. Token-Level Variance Heatmap

Fig. 4 presents a token-level heatmap of variance for a common prompt across all models. Mistral 7B displays consistently low variance, indicating stronger confidence and better adherence to the prompt. Falcon 1B displays isolated spikes (e.g., “ad”, “</s>”), while GPT-Neo 125M shows widespread high variance, especially on tokens like “venture”.

These patterns demonstrate that larger models are better calibrated, generating more stable outputs. In contrast, smaller

models like GPT-Neo exhibit broad uncertainty, reinforcing the link between high variance and hallucination.

Token Variance Heatmap Across Models (Example 0)

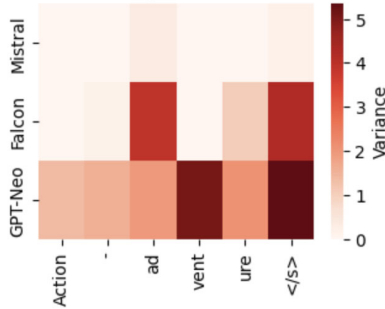


Fig. 4. Token-Level Variance Heatmap

E. Cumulative Distribution of Token Variance

Figure 6 shows the CDF of token-level variance across models. Mistral 7B rises steeply, with most tokens below the hallucination threshold, indicating stable, confident generation. In contrast, Falcon 1B and GPT-Neo 125M rise slowly, reflecting broader variance and higher token instability.

This shift highlights model reliability: Mistral produces consistently low-variance tokens, while GPT-Neo's flatter curve signals greater susceptibility to hallucination.

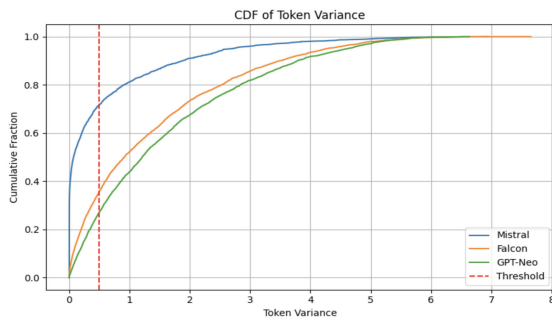


Fig. 5. Cumulative Distribution of Token Variance

F. Average Token Variance by Position

Figure 7 illustrates how average variance changes across token positions. Mistral 7B consistently maintains low variance, indicating stable confidence throughout generation. GPT-Neo 125M shows high variance across positions, reflecting persistent uncertainty, while Falcon 1B falls in between, with moderate but fluctuating variance.

The included threshold line highlights instability zones, where GPT-Neo frequently crosses into high-variance regions. This analysis reinforces that larger models not only hallucinate less but also sustain more stable uncertainty profiles across the sequence.

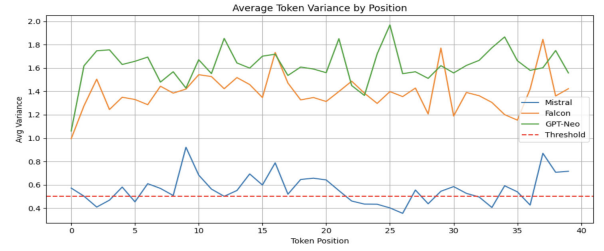


Fig. 6. Average Token Variance by Position

G. KL Divergence Analysis

We compute the KL divergence between token-level variance distributions to compare model uncertainty. As shown in Figure 8, Mistral and Falcon align closely, while GPT-Neo diverges—especially from Falcon—indicating more erratic uncertainty patterns.

Divergence is highest between tokens 6–20 in Falcon↔GPT-Neo, revealing GPT-Neo's instability and distinct confidence modeling. This highlights that smaller models not only hallucinate more but also express uncertainty differently across positions.

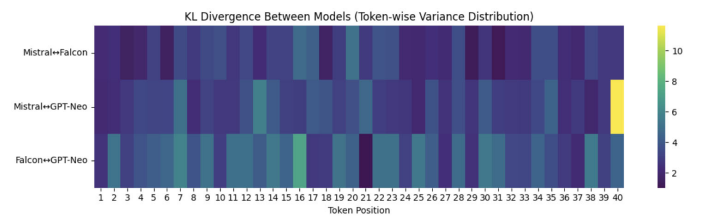


Fig. 7. KL Divergence of Token Variance Across Model Pairs

H. Absolute Mean Variance Difference

Figure 9 shows token-wise mean variance differences between model pairs. Mistral vs GPT-Neo displays the largest gap, highlighting GPT-Neo's instability. Mistral vs Falcon shows smaller differences, indicating closer behavior. Falcon vs GPT-Neo exceeds the hallucination threshold in many positions, especially after token 10.

This confirms that larger models like Mistral maintain stable generation confidence, while smaller ones like GPT-Neo vary more across the sequence.

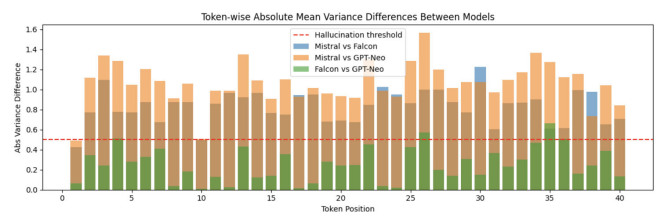


Fig. 8. Absolute Mean Variance Difference Across Model Pairs

VII. ABLATION STUDY AND SENSITIVITY ANALYSIS

To assess the robustness of our hallucination detection framework, we varied core parameters and observed their effects.

Sampling Diversity (num_samples):

With num_samples = 1, the variance is minimal and hallucinations are underrepresented; even in Mistral, the hallucination rate appeared to be ~60% due to a lack of diversity. Increasing the number of samples to 3 or 5 improved variance visibility and better exposed unstable tokens, thereby improving detection accuracy.

Hallucination Thresholds:

Variance thresholds between 0.4–0.6 produced consistent model rankings. Lower thresholds increase recall but may introduce false positives, while higher values improve precision at the cost of missed hallucinations. A threshold of 0.5 balanced both well.

Response Length:

Short completions (<15 tokens) rarely exhibit meaningful variance, making hallucination harder to catch. In longer responses, variance typically increases after position 10, with hallucinations appearing more frequently in later spans, reinforcing the utility of position-aware analysis.

These findings emphasize that detection effectiveness hinges on sampling diversity, well-tuned thresholds, and generation length.

VIII. DISCUSSION

Our token-level variance framework provides fine-grained insight into the stability of generated outputs, allowing precise identification of hallucinated spans rather than relying on coarse, sequence-level metrics. This localized perspective helps pinpoint where a model is uncertain, making it valuable for research and deployment.

A key limitation is its underperformance on short or deterministic outputs, where variance is naturally low. For example, factoid QA (“Who wrote *Hamlet?” → “Shakespeare”) or structured responses may yield single-token answers with low variance that are still incorrect. In such cases, variance alone cannot reliably distinguish factual from fabricated content. Potential mitigations include combining variance with complementary signals like perplexity or entropy, applying dynamic thresholds adapted to response length, or integrating lightweight external verification.

Despite these limitations, the approach is broadly applicable across tasks such as summarization, code generation, and open-ended dialogue. It also shows promise as a lightweight decoding-time filter, capable of flagging and optionally

resampling high-variance tokens in real time to improve reliability without retraining.

Future directions: aim to address current limitations and expand applicability: (1) Real-time integration – incorporating the variance-based detector into decoding pipelines for on-the-fly filtering or resampling of uncertain tokens; (2) Multilingual and domain-specific evaluation – extending experiments beyond English QA and summarization to other languages and high-stakes domains, such as healthcare, law, or scientific literature; (3) Hybrid factuality metrics – combining token-level variance with external factuality signals, such as knowledge graphs or retrieval-augmented models, to improve precision, particularly for short outputs; and (4) Efficiency benchmarking – conducting detailed evaluations of latency, memory usage, and scalability to reinforce claims of lightweight, real-time deployment.

IX. CONCLUSION

We present a token-level variance-based framework for detecting hallucinations in language model outputs. By analyzing log-probability variance across multiple stochastic generations, we show that hallucinated tokens exhibit higher variance, especially in smaller models like GPT-Neo and Falcon, while larger models such as Mistral 7B produce more stable outputs.

The method is reference-free, requires no retraining, and is model-agnostic, allowing easy integration into evaluation pipelines. Token-level analyses—including heatmaps, variance distributions, and divergence metrics—highlight correlations between model size, sampling strategies, and hallucination behavior.

Limitations include reduced detection quality for short or deterministic outputs and reliance on variance thresholds, which may miss subtle errors. Future improvements could combine variance with external factuality signals, extend to multilingual or domain-specific tasks, and optimize efficiency for real-time deployment.

Overall, this lightweight and interpretable framework provides a scalable tool for diagnosing and mitigating hallucinations, contributing toward more reliable and trustworthy language model outputs.

Conflict of Interest

The authors declare that they have no conflict of interest.

Author Contributions

Keshav Kumar was solely responsible for conceptualizing the research idea, designing the methodology, implementing the

experiments, and writing the manuscript. All research and writing tasks were performed independently by the author.

Data Availability Statement

This study utilized publicly available datasets: SQuAD v2.0, TriviaQA, and XSum, which are accessible through the Hugging Face Datasets Library. No proprietary or confidential data was used. The code and preprocessed data used in this study will be made available upon reasonable request.

Funding Declaration

This research did not receive any specific grant from funding agencies in the public, commercial, or not-for-profit sectors. The work was carried out independently without financial support, as the author is an independent researcher.

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